

Symptoms of Spiritual Awakening



Answer each question with Always(3), Sometimes(2), or Never(1).
Add your total points to and view description at the bottom.

1. You feel a deep sense of purpose but are not sure how to FULFILL that need	3 - 2 - 1
2. You sense people's intentions/character accurately	3 - 2 - 1
3. You experience tingling, cold, or warm hands	3 - 2 - 1
4. You have a strong desire to be a part of something "BIGGER"	3 - 2 - 1
5. You feel a strong sense of TRUTH in past lives	3 - 2 - 1
6. You excel in the study of the paranormal or metaphysics - "YOU JUST GET IT!"	3 - 2 - 1
7. You have a very active imagination and/or very vivid, realistic dreams	3 - 2 - 1
8. You experience a Dark Knight of the Soul - "Continuous Bad Luck, Rock Bottom, etc."	3 - 2 - 1
9. You have experienced that Animals & children LOVE YOU	3 - 2 - 1
10. You are already involved in helping others (service career, volunteer, etc.)	3 - 2 - 1
11. You think about a past trauma	3 - 2 - 1
12. You are very sensitive to ALL energy (emotions, electronics/radiation, etc.)	3 - 2 - 1
13. You have a way with words when helping others - "just know what to say"	3 - 2 - 1
14. You have a deep sense that there is way more	3 - 2 - 1
15. You have an interest in ancient cultures and even outer space	3 - 2 - 1
16. You have physical reactions to anger and/or violence	3 - 2 - 1

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17. You can become very emotional over “seemingly minor things”	3 - 2 - 1
18. You become very tense or tight often	3 - 2 - 1
19. You have noticed that teachers or opportunities for enlightenment “FIND YOU”	3 - 2 - 1
20. You experience major shifts in interests & even relationships	3 - 2 - 1
21. You experience Deja Vu and synchronicities	3 - 2 - 1
22. You see beyond the illusions of society	3 - 2 - 1
23. You are drawn to nature and “NEEDING” to be outside	3 - 2 - 1
24. You have experienced “seemingly new” allergies and food intolerances	3 - 2 - 1
25. You experience your senses as being “heightened or overloaded”	3 - 2 - 1

- 0 - 25 Points** → You are well on your way to becoming more Spiritually Aware! **Ask questions & continue to be receptive!**
26 - 50 Points → You are in the middle...What do you really want out of life? Are you ready to step into your **New, Fulfilling Life?**
51 - 75 Points → You are an Advanced Spiritual Being! **Continue** to push yourself so that you can reap the Benefits & Help Others!

Iris Wellness can help you navigate your Spiritual Path in the form of
Hypnosis, Intuitive Sessions, & Intuition Development Classes!

No matter what level or what you scored, you still need Spiritual Connection &
The Answer **WHY** to **ALL** 25 statements!

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